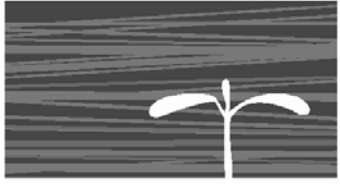


ABOUT GROWING GARDENS



GROWING GARDENS

Growing Gardens gets at the root of hunger in Portland, Oregon.

We organize hundreds of volunteers to build organic, raised bed vegetable gardens in backyards, front yards, side yards and even on balconies. We support low income households for three years with seeds, plants, classes, mentors and more. Our Youth Grow after school garden clubs grow the next generation of veggie eaters!

We plant seeds for good food and healthy people by making sure low income people have the resources they need to grow organic vegetables at home. Through this work, community members meet over the backyard garden, through volunteering, by attending classes, and through sharing extra produce.

Growing Gardens was founded in 1996 with a mission to promote food gardening for improved nutrition, health, and self-reliance while enhancing the quality of life of individuals and communities.

OUR PROGRAMS:

HOME GARDENS

Home garden installation, seeds, plant starts, classes, mentors

The Home Garden Program empowers low-income families to grow food for themselves, friends and neighbors in their own back yards. With the help of hundreds of volunteers, Growing Gardens installs raised garden beds in the yards of low-income households. Gardeners in apartments or with limited space receive containers to grow food on patios and porches. Each household is enrolled into three years of support. Seeds, plants, compost bins, tools, soil amendments and education through experienced volunteer Mentors, educational newsletters & workshops in the Learn & Grow Program assure the success of Home Gardeners.



YOUTH GROW

After-school garden clubs, summer garden camps, in-school programs, teen service-learning, & garden educator training.

Youth Grow programs encourage the next generation of veggie eaters and growers to be healthy. Our programs improve nutrition and decrease the risk of food insecurity by teaching children at risk lessons in where food comes from, the importance of eating fruits and vegetables and how to grow food through fun hands-on learning activities.



LEARN & GROW

Educational Workshops, Parent-Child Workshops, and hands-on Work-Learn Parties

Workshops are held throughout North, Northeast, and Southeast Portland and are taught by experienced volunteers. All workshops are free for enrolled Growing Gardens recipients and are open to the community for a sliding-scale donation.

FOR MORE INFORMATION, OR TO PARTICIPATE IN ANY OF OUR PROGRAMS, PLEASE CONTACT US:

GROWING GARDENS • 2003 NE 42nd Avenue #3 • Portland, OR 97213
503.284.8420 • www.growing-gardens.org • info@growing-gardens.org